

## PERMISSIBLE ITEMS

### Suggested amounts

- 8 shirts
- 8 bottoms
- 1 formal outfit (bottom, top, shoes)
- 8 pairs of underwear
- 8 pairs of socks
- 7 bras
- 3 sets of pajamas (tops & bottoms)
- 1 pair slippers/flip flops or sandals for around the house
- 2 days gym clothes (2 tops, 2 bottoms, 1 sports bra, 1 pair sneakers)
- 1 hoodie/fleece pull-over
- 1 coat (winter) or jacket (spring and fall)
- 1 pair shoes of your choice (except in the winter it is boots)

### Choice items

- 3 tank tops/camisoles
- 1 bottle each of shampoo, conditioner, body wash, face wash, deodorant
- 1 bottle hairspray or mousse
- 1 bottle hair gel, anti-frizz or hair oil/grease
- 2 body sprays
- 2 bottles of lotion
- 1 toothbrush, 1 tube of toothpaste & 1 bottle of non-alcohol mouthwash
- 1 hair brush & 10 hair ties
- 1 of each type of make-up (foundation, eyeliner, mascara, eye shadow, blush, powder, lip gloss)
- 6 bottles of nail polish
- 2 hair irons/straighteners
- 1 stuffed animal
- 6 CD's

**ALL OTHER ITEMS MUST HAVE MANAGEMENT APPROVAL**